



FEBRUARY 2, 2018

# SHORELINE MIDDLE SCHOOL NEWSLETTER

## What's Happening

Nights Alive

Every Wednesday and  
Friday at 6:30

Family Day, Monday  
February, 12, 2018

Valentine's Dance  
February 14th Block 5

Curriculum Completion  
Day, Friday, February 16, 2018  
-Early Dismissal at 12:11

Professional Development  
Day-Friday, February 23, 2018

Kindness/Pink Shirt Day and  
Celebrate Us February 28th

Band Concert-Wednesday,  
March 7, 2018

Ski Trip to Mt. Washington  
Thursday, March 15, 2018

Spring Break-March 19-April 3  
School reopens April 4th

2750 Shoreline Drive

Victoria, BC V9B 1M6

Phone: 250-386-8367 Attendance: 250-386-8213 Fax: 250-361-2630



Thank you families for dropping by Shoreline last month for our student-led conferences and Open House. It was a great evening for connecting with the adults who are part of your child's life and getting a first-hand opportunity to see and hear what is happening in your child's life when away from home. If you didn't get a chance to come by that

evening please know our doors are always open and the teachers and I are only an email away to set up a time to come in. We would love to connect and share what is happening. One area at Shoreline I am happy to share with parents is our new Self-Regulation room "SR Room". As you can see in the picture above the staff are very friendly and welcoming and loving our new furniture. All students are welcome to visit the SR room for short times throughout the day for a myriad of purposes. Some students come on a regular basis for a movement break, some come for a short opportunity and have a quieter space away from academic demands for a brief time (5-10 minutes) then return to class with more vigor to learn once they have had a re-set time. Some students come to the SR room for a longer time to complete work in a quiet work corner or to get 1 on 1 support for a task. New to our SR room this month is a Yoga station, new hands-on activities including make and take fidgets to be used in classes and a fitness circuit all designed by our school Occupational Therapist. I encourage you to ask your child if they have visited the SR room recently and I would love to hear your feedback if you have a moment to drop me an email as to their thoughts. Please feel free to connect with me with any questions, comments or concerns. Have a great weekend!

Jennifer Adamson

Email: [jadamson@sd61.bc.ca](mailto:jadamson@sd61.bc.ca)



STUDENT LED  
CONFERENCES AND  
OPEN HOUSE  
EVENING



## Shoreline PAC minutes

Thursday, January 25<sup>th</sup>, 2018

Sue, Diane, Marilyn, Geordon, Sheryl (and friend from Marigold), Jennifer, Morley, Shelly Green

Shelley Green, deputy superintendent SD61, gave an update on plans for Shoreline. SD61 has submitted requests for upgrades to the province with Shoreline being the number 1 priority. No time line on approval for requests (could be this year or next). Plans to build a new school on one of two sites on the Shoreline property and have the existing school open while construction goes on. School would combine Craigflower and Shoreline and be a K-8 school. No decision if the entire school would be French Immersion or remain FI for grades 6-8. Ministry of Health is on board with making the school a health hub for community support (counsellors, community nurses, psychologists). Songhees and Esquimalt Nations are on board to support the new building. Realistically, if the plan was approved this year it is still 3 years away. There will be a public consulting option once there is word from the Ministry of Education that they have approve the project.

Update from Jennifer:

~Musical theatre at Esquimalt High Theatre this year, dates to be announced. "The Emperor's New Clothes"

~Band trip to Vancouver April 16/17 for grade 7 and 8 students

~Grade 8 trip to Newcastle Island June 12-14. Parent information night February 27<sup>th</sup>, 7:00pm

~Ski trip Thursday, March 15<sup>th</sup>: tubing, snowboarding and skiing

~Crossing guard discussions and concerns about increased vehicle traffic as Christie Point gets developed. Jennifer will have a meeting with View Royal Counsilar Damian K and the school liaison office to discuss possibilities. It was suggested that the developer of Christie Point fund two crossing guards (Shoreline/Island Hwy as well as the controlled intersection at Admirals and Craigflower) while construction is underway.

~Jennifer would like to curb kids on their phones at break time and will make incremental changes to alter this behaviour. She will suggest that kids are either inside or outside at break times. Inside choices will be going to a club or the gym. She will consult with classes and staff to make a positive change for this to happen. Parents at the meeting were enthusiastic about this. Jennifer would like to make the school smart phone free in September.

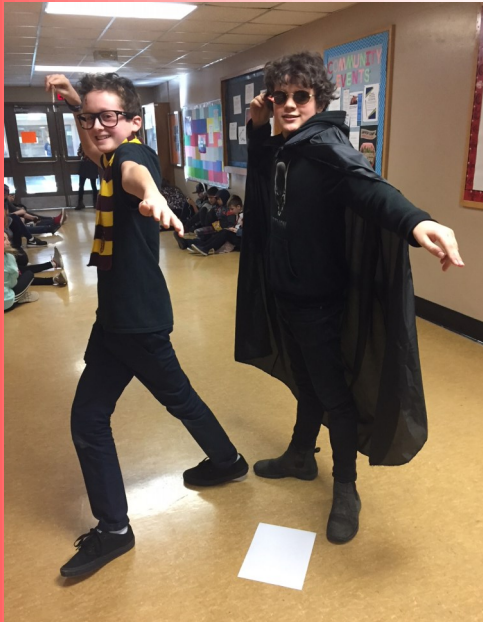
~on Monday, February 5<sup>th</sup> at 7:00pm-9:00 at Spectrum School there will be a free seminar by Jesse Miller on how to parent kids in a digital age. Parenting the Connected Child is the name of the workshop. Registration is required and use the following link: [https://www.eventbrite.ca/e/parenting-the-connected-child-a-presentation-by-jesse-miller-tickets-41448500581?amp=&utm\\_term=eventurl\\_text](https://www.eventbrite.ca/e/parenting-the-connected-child-a-presentation-by-jesse-miller-tickets-41448500581?amp=&utm_term=eventurl_text)

PAC financial news. Sue Fox organized the Thrifty Foods smile card for the Shoreline paddling program. Ask us for a card, pre-load it, and then pay for your groceries with it. 5% of all sales will go directly to the paddling program and it costs parents nothing (well except the groceries you are buying anyway).

The Pac approved \$800 for the grade 8 paddling trip of the \$1000 the program was asking for. We hope to make up the additional \$200 with the smile card rebates. The smile card program goes until June 30<sup>th</sup>, 2018. Please email Sue Fox if you want a card: [sue@muddylaces.ca](mailto:sue@muddylaces.ca), and you can get cards for family and friends.

Save Around Coupon book campaign wrapped up with a \$237.5, so thank you for all of the 'saver parents' out there who supported this.

# HARRY POTTER DAY AT SHORELINE



# PARENTS TOGETHER

A Boys and Girls Clubs of Canada Program

*Do you feel concerned about your teen?  
Do you feel unsure at times on how to support your teen?  
Do you worry about your teen's choices?*

Boys and Girls Clubs of Canada - Parents Together program offers practical support ideas, in a safe, confidential environment for parents of teens.

The program offers parents of teens information on:  
BRAIN DEVELOPMENT | TEMPERAMENT | SELF-CARE | BOUNDARIES  
COMMUNICATION | DEVELOPMENTAL TASKS | RESPECT | EMPATHY | RELATIONSHIPS

WHERE:

Boys & Girls Club Services of Greater Victoria, #301 - 1195 Esquimalt Road

DATE/TIME:

Tuesdays, 6:30-8:30pm - program is ongoing

COSTS:

\$25/person or \$45/couple annual membership fee plus \$20 for program book

Subsidies Available – Please Inquire

REGISTRATION:

Must pre-register as minimum seating is available (max.15 participants)

For more information/registration please contact:



Boys & Girls Clubs  
Services of Greater Victoria  
A not-for-profit

Mike

P: 250-384-9133 ext. 222

E: [parentingprograms@bgcvic.org](mailto:parentingprograms@bgcvic.org)

A full description of Parenting Programs can be found at: [www.bgcvic.org](http://www.bgcvic.org)

## We Understand

Parents Together was developed by staff and parents throughout BC and is administered under the auspices of Boys and Girls Clubs of Canada - Pacific Region. Funding is generously provided by the Ministry of Children and Family Development.



## SEARCHING FOR NEW PARENTING SKILLS? EDUCATIONAL SUPPORT GROUPS AVAILABLE:

### Parents Together

This is an ongoing support group held on Tuesday nights at our head office in Esquimalt. This group has an educational component coupled with support from other parents facing similar issues with their teens (ages 13-19) where we explore these challenges together in a safe and supportive environment.

### Parents in the Know

An 8-10 week educational support group designed to provide tools and support for parents of teens (ages 13-19), who would like to begin to explore their parenting and the challenges that arise.

### Parenting Without Power Struggles

An 8-10 week educational support group aimed at parents with pre-teens (ages 9-12) looking to examine their parenting styles and abilities, desiring to foster healthy relationships with their pre-teens.

### Groups run out of these communities:

- Esquimalt
- Westshore
- Central Saanich
- Oak Bay



Boys & Girls Clubs  
Services of Greater Victoria  
A good place to be

Contact us to register for upcoming groups!

### Parenting Without Power Struggles (PWPS) –

educational group for parents of pre-teens

### Parents Together (PT) – for parents of teens (ongoing support/education group)

### Parents in the Know (PITK) – educational group for parents of teens

**Workshops –**  
Various topics available (Loss and Transitions, Technology, Temperament, etc)

**CONTACT:**  
250-384-9133 ext 222

parentingprograms@  
bgcvc.org



# EAGLES LACROSSE

## REGISTER NOW



British Columbia  
Lacrosse Association  
Provincial  
Champions  
MIDGET 'B'  
2011



British Columbia  
Lacrosse Association  
Provincial  
Champions  
PREWEE 'B'  
2013

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